



WAKE UP TREATMENTS...THE BEST WAY TO START THE DAY

DETOX

**Body Detox Exfoliation - 60 mins - 2,200 Baht**

A firming coffee body scrub combines apricot, jojoba and coffee seed powder to stimulate circulation and smooth skin

ENERGY

**Traditional Thai Massage - 60 mins - 1,800 Baht,**

**90 mins - 2,400 Baht, 120 mins - 3,000 Baht**

Combine acupressure and stretching technique using the palms, elbows and thumbs

BALANCE

**Relaxing Aroma - 60 mins - 2,800 Baht,**

**90 mins - 3,800 Baht, 120 mins - 4,800 Baht**

With the essential oil of your choice you will experience a deep relaxation and relief from tension to restore the balance of your body and soul.

AGE DEFENSE

**Tonic Aroma Massage - 60 mins - 2,800 Baht,**

**90 mins - 3,800 Baht, 120 mins - 4,800 Baht**

With the essential oil of your choice for pain relief.

**Brightening Facial Treatment - 60 mins - 3,200 Baht**

Reduce dark spot and give smooth skin

DAY TIME TREATMENTS...TO REGENERATE

DETOX

**Signature Massage -90/120 mins -4,200/5,200 Baht**

Combining Shiatsu, Swedish, Aromatherapy and Thai massage techniques, using medium to strong pressure. Your treatment will be completed by a face cleansing and scalp massage to relieve tension.

ENERGY

**Thai Herbal Compress Massage - 90 mins - 3,000 Baht**

Heated aromatic herb poultices to improve blood circulation, soothe tired and aching muscles.

BALANCE

**Oriental Foot Massage - 60 mins - 1,800 Baht**

Aromatherapy oils and acupressure points stimulating and restoring the body balance.

**Volcanic Hot Stone Massage - 90 mins - 4,000 Baht**

Smooth hot basalt stones rebalance your body, mind and spirit.

**Hamмам Experience - 90 mins - 4,500 Baht**

Improves blood circulation and detoxifies your skin with a steam bath, a black soap scrub with Kessa glove and Argan oil massage to relax and balance the body.

AGE DEFENSE

**Coconut Body Exfoliation - 60 mins – 2,200 Baht**

Moisturizes and refreshes with the use of exfoliating coconut husks and ground coconut shells.

**Anti Wrinkle Facial – 60 mins - 4,500 Baht**

Reduce wrinkles and leave your skin smooth.

**Manicure / French – 60 mins - 800 / 1,000 Baht**

**Pedicure / French – 60 mins – 1000/ 1,200 Baht**



Hamмам Ritual



A SPECIAL TEA SERVICE IS SERVED WITH THESE PACKAGES.

**Siamese Treatment- 2 hrs.- 3,000 Baht, 2 Guests 5,500 Baht**

Begin with a sea salt foot bath, followed by a Thai herbal steam, traditional Thai massage to balance your energy flow for the ultimate sense of relaxation. Your treatment is complemented by a refreshing blended herbal Tea.

**Ultimate Retreat-3 hrs.-6,600 Baht, 2 Guests 12,800 Baht**

A complete body rejuvenation experience which starts with an exotic rose milk bath followed by a full body scrub, a deep relaxing aroma massage with warm oils and a refreshing blended herbal tea.

**Deep Relax-3 hrs. -7,500 Baht, 2 Guests 14,000 Baht**

Start your spa experience with a sea salt foot bath and Thai herbal steam followed by a deep relaxing aroma massage with warm oils before ending with a Brightening facial treatment for smooth skin and a refreshing blended herbal tea.

**Perfect Beauty -3.5 hrs. -8,000 Baht, 2 Guests 15,000 Baht**

Begin with an Exotic Rose Milk bath then a choice of Body Scrub to remove dead skin followed by Brightening Facial Treatment and Nail Polish for the hands & Feet

**Double the Decadence – 4 hrs. – 9,000 Baht, 2 Guests 18,500 baht**

Begin with an exotic rose milk bath and refreshing body with Coffee Body Exfoliation followed by a deep relaxation of a relaxing aroma massage with warm oil and Brightening facial treatment for smooth skin. Then end your spa journey with a refreshing blended herbal tea.

*All prices are inclusive of service charge and government tax*

LIFESTYLE EXPERIENCE FROM SUNRISE TO SUNSET

\* 24 hours advance reservation is required.

\*\*Guests can select more than one activity and we can divide a wellness program on other days during your stay. Book more than 2 activities and receive 10% discount.

**ENERGY - 60 mins - 2,990 Baht**

30 minutes private fitness coaching, 30 minutes Hammam treatment and culinary options by the pool plus mixed fruit and vegetable juice.

**BALANCE - 90 mins - 4,500 Baht**

Specialized breathing techniques followed by a 30 minute private yoga session, 60 minute relaxing massage and including active breakfast by the pool.

**DETOX - 100 mins - 4,700 Baht**

Start by warm lime juice with 30 minute private fitness coaching, 20 minutes in the steam room, 20 minute body scrub, 30 minute muscle massage and cereal bar which 3 shots healthy drink (Ginger, Turmeric, Coconut juice) by the Pool

FIRMNESS

**Firmness facial - 60 mins - 4,500 Baht**

Restore volume and firmness of your skin

*All prices are inclusive of service charge and government tax*

EVENING TREATMENTS...TO RELAX & UNWIND

DETOX

**Thai Herbal Steam - 30 mins - 800 Baht**

An ancient recipe using more than 10 different Thai herbs.

**Jasmine Rice Body Exfoliation - 60 mins - 2,200 Baht**

Ground organic jasmine rice with a mixed fruit extract and Aloe Vela powder regenerates skin cells and adds softness and moisturize.

ENERGY

**Exotic Rose Milk Bath - 30 mins - 1,200 Baht**

This concentrated milk bath oil is ideal for stiff joints and muscles.

BALANCE

**Jasmine Milk Bath - 30 mins - 1,200 Baht**

A jasmine and Grape seed oil bath nourishes your skin and boost your mood.

AGE DEFENSE

**Aloe Vera & Sunburn Treatment - 60 mins - 2,500 Baht**

With snow lotus to reduce inflammation, rehydrate and cool the skin.

**Signature Facial - 90 mins - 4,750 Baht**

Premium Global treatment which rejuvenate your skin by improving the firmness, smoothing your skin and reducing dark spot

EXPRESS TREATMENTS...FOR A WELLNESS MOMENT ON THE GO

**The Unwind Massage - 30 mins - 1,000 Baht**

This relaxing massage concentrated on the back, neck and shoulder.

**Hamмам Experience - 45 mins -3,500 Baht**

A steam bath following by an application of black soap and skin scrub with a Kessa glove.

**Exclusive Pullman Facial - 45 mins - 3,500 Baht**

A unique relaxing combination of products to give a radiance and hydrate skin.

**Hands or Feet Essential - 45 mins 1,500 Baht**

An exfoliation and massage using aromatherapy oils for relief of muscular tension.

*All prices are inclusive of service charge and government tax*



## HOW TO SPA

- All the treatments offered are non-therapeutic procedures for a feeling of well-being. The term "massage" may also be used to refer to body sculpture. All our massages are performed by professionally-trained therapists.
- The spa is open every day of the week. Advance booking is recommended. Please call or visit to discuss your treatment.
- Please arrive for your appointment at least 15 minutes in advance.
- We recommend you come to the spa dressed in a bathing costume and robe.
- Admission to the spa is only for adults and persons over 16 years of age.
- Please refrain from smoking or using your mobile phone inside the spa.

## CANCELLATION POLICY

- Please cancel your appointment at least 4 hours in advance to avoid a 50% penalty charge.
- Regrettably should you arrive late your treatment time may have to be curtailed depending on availability.
- Please complete a spa consultation form to ensure that any allergies or medical concerns are known to us. This will prevent any unexpected reactions to the products or treatments.





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